

play
day

IMPROVEMENT PROJECT

TREE PLANTING



INSTRUCTIONS:

Number of Participants:

3-4 adults

Materials:

Tree(s), peat moss,
landscape fabric, shovels,
rakes, garden hose, mulch

Steps:

Get rid of any weeds, loosen the soil with a rake, and mix in peat moss.

Cover the area with landscape fabric to prevent weeds. Cut a hole in the fabric where you want the tree to grow.

Dig a hole that's twice as wide as the container and deep enough so that the top of the container sits slightly above ground level.

For potted trees, remove the pot and loosen the soil around the roots. For trees wrapped in burlap, loosen the burlap once the tree is in the hole and cut away as much as possible.

When the tree is standing straight, fill the hole 1/3 of the way with dirt and pack down around the roots. Repeat twice until the hole is filled. Make a shallow collar of soil around the tree to hold water.

Water thoroughly, for about 30 minutes.



Play
matters

96% of parents believe that spending at least one hour outside each day is beneficial to a person's health (not just for children).

Take
action

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