

RED LIGHT GREEN LIGHT



INSTRUCTIONS:

Number of Participants:
Unlimited! Age 5+

Materials:
None!

Steps:

Choose one child to play the "Stoplight." The other children should line up in a row about 10 paces behind the Stoplight.

The Stoplight stands in one place, and the other children try to be the first to tag him or her.

When the Stoplight says, "green light", the other children can move forward. At any time, the Stoplight can say "red light" and turn around, and any kids caught still moving are sent back to the starting line.

The children can move as fast as they want when there's a "green light", but the faster they go, the harder it will be to stop in time when the Stoplight says "red light"!

The first child to tag the Stoplight earns the right to play the Stoplight in the next round.

Variation: If there are a lot of kids, you can draw a line they need to cross instead of making them tag the Stoplight, to avoid giving an unfair advantage.

