

ON TARGET



INSTRUCTIONS:

Number of Participants:

2-6 people, age 8+

Materials:

Football, target drawing, duct tape

Steps:

On Target is a game that will test how well you hit a central target when throwing a football.

First, create a "target drawing" on poster board or cardboard with a center point (25 points) and four lower levels (20, 15, 10, 5 points) where other point totals can be earned. Players that do not hit the target at all will receive 0 points.

Next, use duct tape to mount the "target drawing" on to a wall or a fence, so it will be able to withstand the impact of a thrown football. Decide on a line for the players to stand behind when throwing the football. Consider letting younger players stand closer to the target than older players.

Each player tries their best to throw the football at the target from behind the line, while another player or an adult keeps track of how many points are being accumulated. Players should take turns, making one throw each and passing the ball around until each has had three to five turns trying to throw. The player with the most points at the end of the game wins!

Tip: If the kids in your neighborhood have lots of fun playing this game, consider creating a permanent version by painting your targets on a plywood board and attaching it to a fence! It can be even more exciting for the kids if you use a jigsaw to cut actual holes in the plywood of different sizes for different point levels (the smaller the hole, the more points it is worth).

