

play
day

IMPROVEMENT PROJECT

MURAL



INSTRUCTIONS:

Number of Participants:
8-20 adults and kids

Materials:
Paint, brushes, permanent marker, painter's tape, drop cloth

Description:
A mural is a great way to reflect the culture of your community at your favorite play space.

Steps:
Before your Play Day, invite an artist to draw a mural design on an empty wall using a permanent marker. To make it really easy, label each area with the color that it should be painted. Alternatively, you can either purchase mural designs online, or help transfer a design to the wall by using a projector and tracing the outlines.

On your Play Day set up a drop cloth under the painting area. Open and stir the paint. Using painter's tape, mark off the edges of the mural area on the wall and tape anything else that should not be painted (like outlets or light switches). If you're painting indoors, open all the windows.

Volunteers should paint the mural according to the colors written in the different areas on the wall. Be sure to start with the larger areas and then move on to the smaller ones. Use a small artist's brush for the details.

Finally, remove the painter's tape and let the mural dry!



Play
matters

The more physical fitness tests children are able to pass, the better they perform on academic tests (Academy of Pediatrics, January 2009).

Take
action

Invite kids to help with painting. Painting a mural allows children to use their own creativity and it increases their personal attachment to the play space.