

FOOTBALL TOSS



INSTRUCTIONS:

Number of Participants:

2-10 people, age 8+

Materials:

3 cones, 3 small balls, and 1 football

Steps:

First, set up three cones in a line and balance one small ball on top of each cone. Then, set up a starting line for players that is about 15 feet away from the cones.

The first player throws the football from behind the line, and tries to knock one of the round balls off of a cone. That player then runs to retrieve the football, bring it back to the line and pass it off to a teammate, who tries to knock another ball off the cone (and repeat). The group of players tries to knock all three balls off the cones in two minutes.

Alternatively, if you have a lot of players, split them into groups and simply time them on how long it takes to knock all the balls of the cones. The group that takes the least amount of time wins.

Tip: to make the game more challenging, increase the distance from the cones, or the number of cones; or decrease the amount of time players have to knock the balls off the cones.

