

play  
day

GAME

# BIG BASE KICKBALL



## INSTRUCTIONS:

**Number of Participants:**  
2 teams of 9 players

**Materials:**  
Kickball, 4 bases

**Steps:**

Select a field or an open asphalt area. Lay out home plate, 1st, 2nd, and 3rd base 60 feet (20 paces) apart. The pitching mound should be 42 feet (14 paces) from home plate.

Divide your group into two teams.

On the field, you'll have a pitcher, 1st, 2nd, and 3rd basemen, 3 outfielders, a shortstop, and a catcher.

The kicking team determines the "kicking order" before the game starts and it remains the same for the entire game.

Batting rules: 4 balls means kicker "walks" to 1st base; 4 fouls means you're automatically out. Instead of counting outs, let everyone on the team get a chance to bat.

In Big Base Kickball, you are allowed to have an unlimited number of players on the base at one time.

The pitcher must pitch underhand, with no spinning or throwing, and the ball must be rolled below the kicker's knees.

In addition to tagging the base, you can get someone out by tagging them with the ball below the neck.



Play  
matters

90% of teachers and 86% of parents believe that physically active children are better able to learn and are better behaved in the classroom.

Take  
action

Write a letter to your school principal telling them that time for kids to play outside during recess is important to keep them learning.