

# Helping Hands

This activity will help children find people in their community who give assistance to others and how they can recognize an opportunity to help out too.

## Age Appropriateness:

2-5, 5-8, 9-12

## Key Topics:

Community Building

Volunteerism

## Skills:

Reflection

Arts and Crafts

## Materials:

Pre-cut paper, large sheet of paper, pencils, crayons, glue

## Action Time:

1 hour

## Resources:

Herman the Helper by Robert Kraus

## OBJECTIVES

- To educate children on volunteerism
- To teach how to volunteer in their community



## Discussion

Have a discussion about what it means to volunteer. When we help other people, we can call it volunteering. Volunteering is giving people your time and your help. This is also called service. Talk about the volunteers who will come out to build their playground.

## Action

- Use cut shapes (circles, tentacles) to create an octopus with 8 legs
- Glue parts together on a sheet of paper.
- Write or draw on 4 tentacles a way that you can help others.
- Write or draw on the other 4 tentacles a way that someone else has helped you.

## Reflection

Have the kids share how they can volunteer in their community. Report back weekly to find out what volunteer activities the kids are involved in.