

# Prescription for Play: Nature-Based Learning and Play for Autistic and Special Needs Children

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## *Print Resources*

Dannenmaier, Molly (2008). *A Child's Garden: 60 Ideas to Make Any Garden Come Alive for Children*. Arlington, TX: Future Horizons, Inc.

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Haddon, Mark (2003). *The Curious Incident of the Dog in the Night-Time*. New York, NY: Vintage Contemporaries.

\*Hebert, Bonnie B. (2003). "Design Guidelines of a Therapeutic Garden for Autistic Children." Master of Landscape Architecture Thesis for Louisiana State University and Agricultural and Mechanical College. View or download the pdf of this thesis from the Therapeutic Landscapes Network website: <http://www.healinglandscapes.org/resources/reference-h.html>.

Johnson, Lauri Macmillan and Duffek, Kim (2008). *Creating Outdoor Classrooms: Schoolyard Habitats and Gardens for the Southwest*. Austin, TX: University of Texas Press.

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Moore, Robin, Nilda Cosco, Julie Sherk, Brad Bieber, Shirley Varela, Nataliya Gurina, Heather Vickery, Julia Murphy. (2009). *Creating and Retrofitting Play Environments: Best Practice Guidelines*. College of Design, NC State University.

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Notbohm, Ellen and Zysk, Veronica (2004). *1001 Great Ideas: for Teaching and Raising Children with Autism Spectrum Disorders*. Arlington, TX: Future Horizons, Inc.

Remington, Anna, John Swettenham, Ruth Campbell, and Mike Coleman (2009). "Selective Attention and Perceptual Load in Autism Spectrum Disorder." *Psychological Science*.

Robinson, John Elder (2007). *Look Me In The Eye*. New York, NY: Crown Publishers.

Simpson, Richard L. (2005). *Autism Spectrum Disorders: Interventions and Treatments for Children and Youth*. Thousand Oaks, CA: Corwin Press.

Tammet, Daniel (2006). *Born on A Blue Day*. New York, NY: Free Press.

Taylor, Andea Faber & Frances E. Kuo (2009). "Children with attention deficits concentrate better after walk in the park." *Journal of Attention Disorders*, 12, 402-409.

Taylor, Andrea F., Frances E. Kuo and William C. Sullivan. 2001. "Coping with ADD: The surprising connection to green play settings." *Environment and Behavior*, Vol. 33, No. 1 (January), pp. 54-77.

Whitehouse, Sandra, James W. Varni, Michael Seid, Clare Cooper-Marcus, Mary Jane Ensberg, Jenifer R. Jacobs, and Robyn S. Mehlenbeck (2001). "Evaluating a Children's Hospital Garden Environment: Utilization and Consumer Satisfaction." *Journal of Environmental Psychology*, Vol. 21, No. 3, pp. 301-314.

\*Yuill, Nicola, Caroline Roake, Ruth Aspden, and Brenda Todd (2007). "Designing a Playground for Children with Autistic Spectrum Disorders: Effects on Playful Peer Interactions." *Journal of Autism Development Disorders*, Vol. 37, No. 6.

View of download the pdf of this thesis from the Therapeutic Landscapes Network website:

<http://www.healinglandscapes.org/resources/reference-y.html>.

**Note: Future Horizons, Inc. ([www.fhautism.com](http://www.fhautism.com)) is a key source for books and other publications on ASD**

***Other Resources (Organizations and Websites)***

**KaBOOM!** [www.kaboom.org](http://www.kaboom.org)

**Therapeutic Landscapes Network** [www.HealingLandscapes.org](http://www.HealingLandscapes.org)

**SOL Environment** [www.SOLEnvironment.org](http://www.SOLEnvironment.org) - Sequential Outdoor Learning Environment

### **Autism and Related:**

**Autism Society** [www.autism-society.org](http://www.autism-society.org)

**Autism Speaks** [www.autismspeaks.org](http://www.autismspeaks.org)

**Accessible Playgrounds** [www.accessibleplayground.net](http://www.accessibleplayground.net)

**Families for Early Autism Treatment (FEAT)** [www.FEAT.org](http://www.FEAT.org)

**Future Horizons, Inc.** [www.fhautism.com](http://www.fhautism.com) - Publications on ASD

**Let Kids Play** [www.letkidsplay.com](http://www.letkidsplay.com)

### **Children and Nature:**

**The Children & Nature Network** [www.childrenandnature.org](http://www.childrenandnature.org)

**Kids Gardening** [www.kidsgardening.org](http://www.kidsgardening.org) - Guidebook on creating and retrofitting play environments, plus other good info and resources.

**Landscape & Human Health Lab** <http://lhhl.illinois.edu/research.htm>

**Natural Learning Initiative** [www.naturalearning.org](http://www.naturalearning.org)

**Nature Grounds** [www.naturegrounds.org](http://www.naturegrounds.org)

**The Sensory Trust** [www.sensorytrust.org.uk](http://www.sensorytrust.org.uk) - Inclusive play

For more resources, visit the **Get Out and Play!** Section of the **Therapeutic Landscapes Network's** website: <http://www.healinglandscapes.org/related-play.html> and the **Therapeutic Landscapes Network Blog**, <http://www.healinglandscapes.org/blog>.