

INSTRUCTIONS:

Number of Participants: 10–30 people, age 7+

Materials: None!

Steps:

Have all players pair up, and pick one pair to be the first runner & chaser.

Have the rest lie face-down in pairs in a circle with heads toward the middle.

There should be enough space between each pair so that another person can lie down in the space.

The chaser chases the runner around the outside of the circle of pairs, until the runner lies down next to a pair of two other players to escape from being tagged.

By lying next to a pair of other players, it will become a group of three; and as soon as this happens, the person on the other side of that group of three has to jump up and continue running from the chaser.

If someone is tagged, they become the chaser for the next round.



Play matters

"When children pretend, they're using their imaginations to move beyond the bounds of reality." – Fred Rogers



Partner up with some friends to create a committee to care for and improve your park throughout the year.